

Course Title	<i>BBS Training – Working Safely for Workers & Contract Workers 1-Day BBS Level 1</i>
Course Objective	<ul style="list-style-type: none"> • Conduct “<i>BBS for all regular and contract operators (Work Teams)</i>” for all workers and operators from your own company and/or associated Contractors. • This program can be conducted over 1 full-day. These operators will learn to observe, analyze the human factors errors in work execution and intervene with appropriate strategies.
Skills & Competencies	<ol style="list-style-type: none"> 1. Reinforcing that working in various construction, manufacturing or maintenance operations involves many hazardous activities. 2. This course is aimed at changing the attitude of regular and contract workers by: <ul style="list-style-type: none"> • preventing workers from becoming complacent, and becoming more safe and better workers. • appreciating the reasons why they might be in an accident and how accidents and injuries can be prevented. 3. Worksite safety is promoted by adopting the “C.O.A.C.H” safety model. This safety model incorporates several tools. Each tool is intended to create improvements by getting people to engage actively in the process of looking for hazards, thinking through problems and actively selecting the best solutions to ensure work is done safely and efficiently. 4. For changing behaviour these tools focus on achieving lasting behavioural change and attitude through the following Commitment to Safety and World Class Mindsets: <ul style="list-style-type: none"> • What is the price to pay for not obeying the rule • Check and check again? – be sure and safe! • Is “hazard analysis” a part of life? (<i>Care</i>) • Know where the hazard is coming? (<i>Observe</i>) • Put the power under your control? (<i>Analyze</i>) • Overconfident can kill? (<i>Commitment</i>) • Don’t fool around at work • Safety – you get what you expect • Attitudes to success (<i>Help</i>)
Outline	<ol style="list-style-type: none"> 1. Principles of Behaviour Safety (BBS) 2. Relevance of BBS to you and your job, especially to maintenance and daily operations 3. Human Factors, Errors and At-risk Behaviours 4. The Laws of Human Learning and Behaviour Change 5. Techniques of BBS Observation – The COACH Process 6. Intervention Strategies and Communication Styles for BBS 7. Role Plays on use of COACH process 8. Benefits of BBS
Methodology	The training approach for the above program will be based on a mixture of short lectures, discussions, simulation exercises, case studies and group assignment to build the bridge between principles and practices. Many short videos will be used to give some hands-on practice.
Who is it for?	All regular workers and contract workers
Duration	1 day / 7.5 hours
Class Size	20 pax